

Academic Master's Program in Psychiatric and Mental Health Nursing

Study Plan Overview

- **Total Credit Hours: 48**
 - **Compulsory Credit Hours: 33**
 - **Elective Credit Hours: 6**
 - **Thesis Credit Hours: 9**
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Program Schedule

First Semester (Preliminary): 15 Credit Hours

- **Compulsory Courses (13 Credit Hours)**
 - **NUR7001** - Research Methods and Ethics in Nursing
 - Credit Hours: 2
 - **NUR7002** - Teaching and Learning Strategies in Nursing
 - Credit Hours: 2
 - **SUP7001** - Biostatistics
 - Credit Hours: 2
 - **NUR7003** – Issues and Trends in Nursing
 - Credit Hours: 3
 - **NUR7004** - Evidence-Based Nursing Practices
 - Credit Hours: 2
 - **SUP7003** - Health Care Economics and Policies
 - Credit Hours: 2
- **Elective Courses (2 Credit Hours)**
 - **EL7001** - Nursing Ethics
 - Credit Hours: 2
 - **EL7002** - Basics of Nursing Information Systems
 - Credit Hours: 2
 - **EL7003** - Scientific Writing
 - Credit Hours: 2

Note: Courses in the first semester are applicable to all specializations.

Specialization: Psychiatric and Mental Health Nursing

Second Semester (Specialty): 12 Credit Hours

- **Compulsory Courses (10 Credit Hours)**

Course Code	Course Name	Weekly Actual Hours	Credit Hours	Exam Hours	Midterm Grade	Final Exam Grade	Max Grade	Min Grade	Prerequisites
NUR75101	Advanced Psychiatric and Mental Health Nursing 1 (Theory)	2	2	2	2	40	60	100	60
NUR75102	Advanced Psychiatric and Mental Health Nursing 1 (Practical)	---	3	3	---	60	90	150	90
MED75101	Neuroscience in Mental Disorders	2	2	2	2	40	60	100	60
MED75102	Psychopharmacology (1)	2	2	2	2	40	60	100	60
SUP75101	Scientific Theories in Psychotherapy	1	1	1	1	20	30	50	30
EL	<i>Elective Course</i>	2	2	2	2	40	60	100	60

- **Elective Courses (2 Credit Hours)**

Course Code	Course Name	Weekly Actual Hours	Credit Hours	Exam Hours	Midterm Grade	Final Exam Grade	Max Grade	Min Grade	Prerequisites
EL75101	Mental Health Education	2	2	2	2	40	60	100	60
EL75102	Cross-Cultural and Civilization Differences	2	2	2	2	40	60	100	60
EL75103	Cognitive Behavioral Therapy	2	2	2	2	40	60	100	60

Note: Courses in the second semester apply to the Psychiatric and Mental Health Nursing specialization.

Third Semester (Specialty): 12 Credit Hours

- **Compulsory Courses (10 Credit Hours)**

Course Code	Course Name	Weekly Actual Hours	Credit Hours	Exam Hours	Midterm Grade	Final Exam Grade	Max Grade	Min Grade	Prerequisites
NUR75201	Advanced Psychiatric and Mental Health Nursing 2 (Theory)	2	2	2	2	40	60	100	60
NUR75202	Advanced Psychiatric and Mental Health Nursing 2 (Practical)	9	3	3	---	60	90	150	90
SUP75201	Therapeutic Communication Skills with Patients and Families	2	2	2	2	40	60	100	60
MED75201	Psychopharmacology (2)	1	1	1	1	20	30	50	30
MED75202	Psychophysiology	2	2	2	2	40	60	100	60
EL	<i>Elective Course</i>	2	2	2	2	40	60	100	60

- **Elective Courses (2 Credit Hours)**

Course Code	Course Name	Weekly Actual Hours	Credit Hours	Exam Hours	Midterm Grade	Final Exam Grade	Max Grade	Min Grade	Prerequisites
EL75201	Human Relations and Group Dynamics	2	2	2	2	40	60	100	60
EL75202	Concept of Mental Health and Mental Illness	2	2	2	2	40	60	100	60
EL75203	Professional Ethics and Legislation in Mental Health	2	2	2	2	40	60	100	60

Note: Courses in the third semester apply to the Psychiatric and Mental Health Nursing specialization.

Thesis: 9 Credit Hours

Course Code	Course Name	Weekly Actual Hours	Credit Hours	Type of Exam	Total Grade
Thesis	---	27	9	Discussion	Satisfactory/Unsatisfactory

Total Credit Hours Breakdown

- **Theory:** 33
- **Practical:** 45
- **Total Credit Hours:** 48